

### Town of South Bethany Calendar of Events Celebrating 50 Years 1969—2019

#### **50 Year Anniversary Celebration**

for the Incorporation of the Town of South Bethany
Town Hall Parking Lot

Sunday, June 30, from 1:00 p.m. to 4:00 p.m.

- Free Food & Drinks
- Live steel drum music
- Face painting & make and take crafts
- Claw machine with stuffed animals and toys
- Cornhole Tournament at 1:30 p.m. (Come and cheer!)
- Fitness area demonstration at 1:15 p.m.
- Informational kiosks
- Gifts, prizes, and fun for all

Due to limited parking, we encourage you to bike or walk.

### Yoga on the Beach

S. 3rd St. and the Beach at 8 a.m.
May Classes: Sunday, May 26 & Monday, May 27
Beginning June 9: Sunday through Thursday at 8 a.m.

# Special Classes for Sound Meditation & Gentle Yoga Flow

S. 3rd St. and the Beach at 7 p.m.
Sunday June 16, Tuesday, July 16, and Thursday, August 15
Yoga along with singing bowls for a Sound Meditation

Instructor: Debbie Finger Donation for a Fee

### **Boot Camp on the Beach**

N. 6th St. and the Beach from 7:30 a.m. to 8:30 a.m. Saturdays May 25 to September 14

Tuesdays June 18 to August 27

#### **Holiday Master Boot Camp on the Beach**

N. 6th St. and the Beach from 7:30 a.m. to 8:30 a.m. Saturday, May 25 (Memorial Day Weekend)

Thursday, July 4

Monday, September 2 (Labor Day)

Instructors: Mel and Kim Royster
Fee: \$10 per person per class

#### **Fitness Area Fitness Class**

Fridays at 7:30 a.m.

June - September

Instructors: Mel and Kim Royster Fee: \$10 Per Person Per Class

Junior Lifeguard Program (Jr Guards) Ages 9-15 Sign Up at Town Hall (Limited Class Size)

Begins July 2: Tuesdays and Thursdays at 10:30 a.m.

S. 2nd St. and the Beach (Lifeguard Shack)

FREE Movie Night S. 3rd Street and the Beach
August 8 at 8:15 p.m.

Disney's Mary Poppins Returns

Bring your blankets, lawn chairs, & flashlights. All are welcome.

Fall Picnic on the Beach September 14

Adopt a Canal/Road-End Beauty Contest

Friday, July 19, to Friday, August 16



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# **AUGUST 2019**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Yoga 8 am Jr Guards 1030 am	2 Fitness Area Fitness Class 730 am	3 Boot Camp 730 am
4 Yoga 8 am	5 Yoga 8 am	6 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	7 Yoga 8 am	8 Yoga 8 am Jr Guards 1030 am FREE MOVIE on beach 8:15 pm	9 Fitness Area Fitness Class 730 am	10 Boot Camp 730 am
11 Yoga 8 am	12 Yoga 8 am	13 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	14 Yoga 8 am	15 Yoga 8 am Jr Guards 1030 am Gentle Yoga Flow 7 pm	16 Fitness Area Fitness Class 730 am	17 Boot Camp 730 am
18 Yoga 8 am	19 Yoga 8 am	20 Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	21 Yoga 8 am	Yoga 8 am Jr Guards 1030 am	23 Fitness Area Fitness Class 730 am	24 Boot Camp 730 am
25 Yoga 8 am	26 Yoga 8 am	27 Boot Camp 730 am Yoga 8 am	28 Yoga 8 am	29 Yoga 8 am	30 Fitness Area Fitness Class 730 am	31 Boot Camp 730 am

# **SEPTEMBER 2019**

1 Yoga 8 am	2 Boot Camp 730 am Yoga 8 am	3 Yoga 8 am	4 Yoga 8 am	5 Yoga 8 am	6 Fitness Area Fitness Class 730 am	7 Boot Camp 730 am
8 Yoga 8 am	9 Yoga 8 am	10 Yoga 8 am	11 Yoga 8 am	12 Yoga 8 am	13 Fitness Area Fitness Class 730 am	Boot Camp 730 am Fall Picnic on the beach